



Introducing The New Face of Wellness



pops Health

Complete

Simple

Affordable

Fun

Corporate Benefits

Healthier Organization

The Pops 'turn-key' approach changes the health of Companies one employee at a time. On-site coaching, supported by 'live' phone and internet integration, motivates change and reinforces good health practices for employees. Pops delivers comprehensive solutions and healthier employees.

Lower Healthcare Costs

The mission for Pops is to lower healthcare costs through improved employee, and dependent, health. Lowering costs comes through decreasing healthcare claims, and increased employee productivity. Pops programs elevate health as a priority for the organization, fostering a safer workplace, positive employees, and a consciousness of health.

Measurable Return on Health™

Pops programs target measured aggregate health risks for each unique organization. By targeting the most substantial health risks of the organization, Pops is able to return the greatest overall improvement in health. Pops anticipated results are supported by over 73 published studies of worksite health promotion programs showing an average \$3.50 return for every \$1 invested by the organization (Am J Health Promotion).



Dedicated management web portal

pops Health.com



Pops Health offers a revolutionary turn-key system for improving employee wellness, yielding a healthier bottom line for your company.

Pops converts test and health history to age equivalent values giving your employees an easy to read **AgeGauge™** of their health.

Pops' streamlined system functions equally in large or small organizations, to offer you a **global-scale** service at an **incredible value** for your company.

Pops knows that the best results always come from individuals who are **inspired and enjoy** the process. Our dynamic programs are designed to be **friendly and fun**.

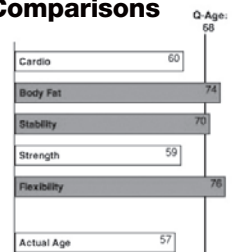
Employee Benefits

Personal & Confidential Health Web Portal

As with doctor and hospital patient confidentiality, Pops maintains HIPAA equivalent protocols and procedures. Pops' password access only Web Portal 'PopsLive' protects individuals from unauthorized access to protected information.

Easy to Understand AgeGauge™ Comparisons

Proprietary software converts on-site test and health history data into simple-to-understand age equivalent measurements of health. Pops compares Chronological age to formula age in a unique visual AgeGauge of health for every participant.



In Person & Live Health Coaching

The most effective method of jump-starting health improvement is with 'live' Coaching, supported by phone and internet based coaching platforms. Pops has an integrated Health Coaching Platform that's both affordable and effective.



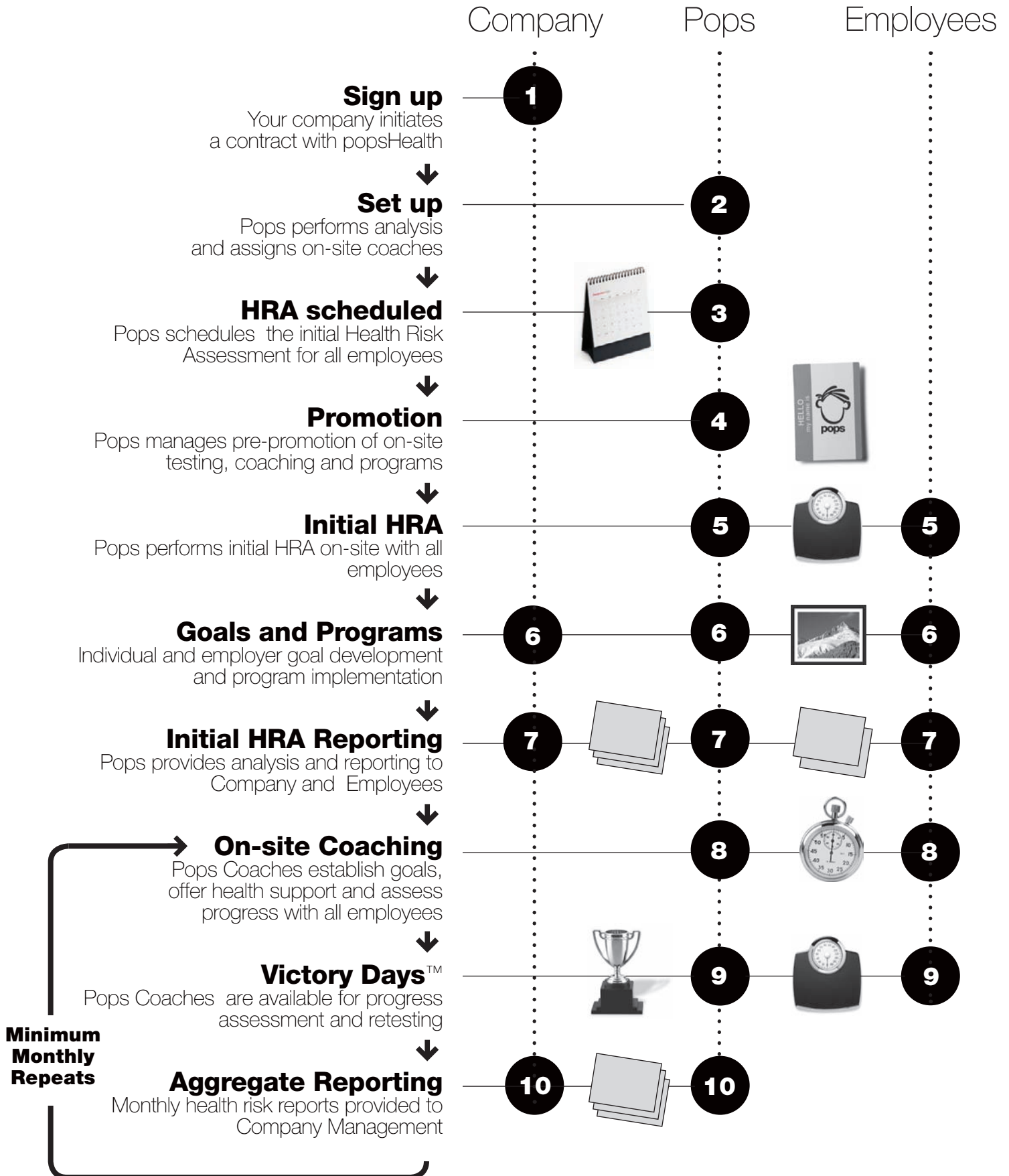
Confidential Health Web Portal

pops Live.com





The pops Process



pops Story

Pops is a real person who has given his life to helping others. He's provided meals to thousands, lifted spirits when others were down, and helped when those less fortunate needed help, including myself. His humility, integrity and humanity have changed thousands of lives, including my own. Pops represents what I believe is important in life, taking actions, instead of just words, to make a positive difference in the world. We honestly believe that is what we are going to do. Pops sets a high bar. Yet, I believe it is an achievable objective. It is an old concept that is back in style...HELPING OTHERS.

Jason Andrade
Founder, Pops Health



888-900-POPS
popsHealth.com



pops Health



pops Live



pops University



pops Coach



pops Broker